



Having health concerns? Think 'Pharmacy First'...

It's a free and confidential way to get qualified help

Most community pharmacies across Birmingham and Solihull can provide advice and treatment for these seven common conditions – and it can be much quicker than seeing your GP!

Visit the [NHS Birmingham and Solihull website](#) to see what your local community pharmacy can offer.

Help us to help you

**Patients already exempt from prescription charges, i.e. children, will still get their treatment for free, for the above listed conditions. Otherwise usual prescription charges will apply.*

- 1
Sinusitis
 Adults & children from age 12
- 2
Sore throat
 Adults & children from age 5
- 3
Earache
 Children & young adults, ages 1-17
- 4
Infected insect bites
 Adults & children from age 1
- 5
Impetigo
 Adults & children from age 1
- 6
Urinary tract infection
 Women aged 16-64
- 7
Shingles
 Adults from age 18