

# Healthy Child Programme Service (0-19 Years)

## Feedback Consultation Session Children's Public Health



**Denise Milnes**- Strategic Lead for Children's  
Public Health

**Alisha Sharma**- Children's Public Health  
Project Officer



# What is the Healthy Child Programme Service?

Health Visiting

Family Nurse Partnership

Infant Feeding

School Nursing

Provided by



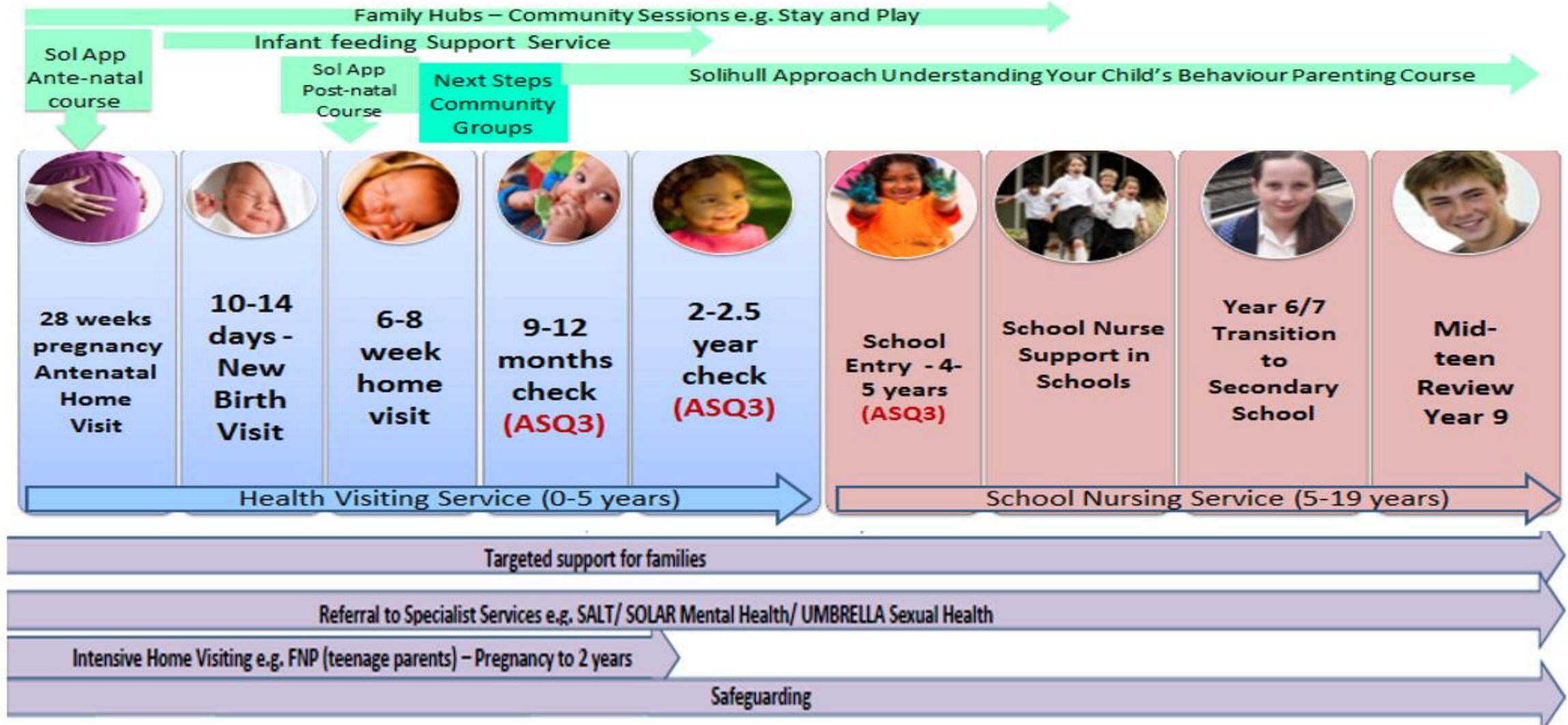
**South Warwickshire  
University**

NHS Foundation Trust



# Current Service Delivery

## Healthy Child Programme in Solihull (0-19 years)



# Health Visiting Service

- Carry out 5 mandated health and development checks:
  - 28 weeks pregnant
  - 10-14 days after birth visit
  - 6-8 weeks after birth home visit
  - 9-12 month development check (ASQ-3)
  - 2-2.5 year development check (ASQ-3)
- Provide support and advice to families
- Make referrals to specialist services



# Infant Feeding Support Service

- UNICEF Full Gold Baby Friendly Accreditation
- Range of support offered to women:
  - Breastfeeding Cafes
  - Breast Pump Loan
  - Specialist home support
  - Training Programme
  - Website, Feeding Friend app, Facebook support
  - [Solihull Infant Feeding Linktree](#)



# Family Nurse Partnership

FNP is a voluntary, intensive programme for first time young parents, aged 19 or under (21 if care experienced) from pregnancy until 2

Aims to enable young mums to:

- Have a healthy pregnancy
- Improve their child's health and development through effective parenting
- Plan their own futures and achieve their aspirations



# School Nursing Team

- Health Needs Assessments – questionnaires at school entry, Year 6 and Year 9
- Heights and weights checks for the mandated National Child Measurement Programme
- Vision screening for Reception children
- Health advice and support
- Training
- Group sessions – e.g. school readiness
- Chat Health – text messaging service for Solihull 11-18 year olds to send confidential SMS text messages to School Nurses between 8:00am to 5:00pm Monday to Friday – **07520615730**. Or for parents/ carers- **07480635469**
- More support and advice can also be found on the [Health for Kids](#) and [Health for Teens](#) sites



# Scope and Challenges



~8,500 health checks are carried out from pregnancy to 2 and a further ~6,000 for school children

Health Visiting care for ~10,400 children under 5

School Nursing provides a service for approx. 38,000 children and young people aged 5-19

~10 full-time equivalent School Nurses with School Nurse Assistants

Need to ensure the spec reflects best practice and local needs

Need to integrate effectively with other services

Need to address inequalities: large disparities in level of need/life expectancy/outcomes



# Key Areas of Focus in New Service Specification

Reducing baby deaths

Early childhood development

Support with being ready for school

Integrate with other early help services - supporting with issues early to stop them from getting worse

Addressing risky behaviour in older children and young people



# Service Partners Feedback Survey



- Your Voice Solihull Survey now online
- Two feedback surveys- one for service partners and one for service users
- Please fill in the service partners feedback survey
- Please share the service user survey with parents/ carers and families to get their feedback
- [Healthy Child Programme service specification | Your Voice Solihull](#) or scan QR code

# Group Feedback

- Any feedback on the service?
- What do you think is working well with the service?
- What do you think could be improved?

# Contact us



- Any other questions or feedback?
- Email Alisha Sharma- Children's Public Health Project Officer- [alisha.sharma@solihull.gov.uk](mailto:alisha.sharma@solihull.gov.uk)
- Please fill in the service partner survey and encourage families to fill in the service user survey on Your Voice Solihull
- [Survey for members of the public | Your Voice Solihull](#)  
or scan the QR code 😊

